

Lenten Prayer Guide

Some Christians don't pay much attention to things like Lent. As one of the Seasons of the Christian Calendar, like Advent and Christmas, it seems too High-Church for them (my favorite Season of the Calendar is called "Ordinary Time" from May to November because it sounds so...ordinary!) But most Christians over the millennia, and certainly since the council of Nicea in 325 A.D., have found benefit in the structure of annually revisiting the key themes of the gospel before Easter.

This year Lent begins on Ash Wednesday, March 2, and will end on Easter, April 17. This tradition of focusing our lives during the days before Easter derives from the 40 days that Jesus spent in the wilderness before he began his ministry. You'll notice that Lent actually has 46 days because Sundays don't count. Don't ask me why.

Lent is traditionally thought of as a penitential season, a season of self-denial and solemn reflection. It is common to choose some form of fast during Lent. We've known people to stop eating chocolate, to stop watching TV, things like that. We will respect the serious nature of Lent, but something that ends with Easter can't be all sad! You'll see there's good news in these 40 days.

Typically, a Lenten Prayer Guide would be based on one of the four gospels. But this year we thought we would explore how the Psalms guide us through these forty days. You may recall that Jesus pointed us in that direction when, after his resurrection, he said "*When I was with you before, I told you that everything written about me in the law of Moses and the prophets and in the Psalms must be fulfilled.*" ⁴⁵ *Then he opened their minds to understand the Scriptures.* (Luke 24:44). We have prayed that our minds might be opened, and our hearts warmed through these times of reflection and prayer.

As we do, remember, it all leads, it all points, it all culminates in the life, death and resurrection of our coming Lord, Jesus the Messiah. We will maintain a true course toward Him.

David & Yvonne Roller

(All quotations from the New Living Translation)

March 2 Ash Wednesday

March 3

Speak with a short prayer quieting yourself in the presence of the one true God.

Listen to God's voice in Psalms 2:6-7, recalling that Jesus used the riddle of verse 7 to place himself in the Messianic role in Matthew 22, Mark 12, and Luke 20.

6 For the Lord declares, "I have placed my chosen king on the throne
in Jerusalem, on my holy mountain."

7 The king proclaims the Lord's decree:

"The Lord said to me, 'You are my son.

Today I have become your Father.

Speak, praying that Jesus, your eternal king, the son of the father, may supersede any other loyalties in your life.

Listen to the Spirit of God in this moment as you worship Him as king of all.

March 4

Speak with a short prayer of celebration for the safety and peace you enjoy. Not small things.

Listen to God's voice in Psalms 4:6-8.

⁶ Many people say, "Who will show us better times?"

Let your face smile on us, LORD.

⁷ You have given me greater joy

than those who have abundant harvests of grain and new wine.

⁸ In peace I will lie down and sleep,

for you alone, O LORD, will keep me safe.

Speak, praying that as you enter these days of focused prayer you may be transformed...with joy and peace.

Listen to the Spirit of God in this moment as He smiles on you. Receive that smile.

March 5

Speak with a short prayer recognizing your mortality and need for rescue.

Listen to God's voice in Psalms 6:2-7.

² Have compassion on me, LORD, for I am weak.

Heal me, LORD, for my bones are in agony.

³ I am sick at heart.

How long, O LORD, until you restore me?

⁴ Return, O LORD, and rescue me.

Save me because of your unfailing love.

⁵ For the dead do not remember you.

Who can praise you from the grave?

⁶ I am worn out from sobbing.

All night I flood my bed with weeping,

drenching it with my tears.

Speak, praying for healing and restoration. Weeping is OK.

Listen to the Spirit of God in this moment as He assures you that He hears and He is good.

March 6 Sunday - Worship with the people of God.

March 7

Speak with a short prayer that you will have the ability to praise like a child.

Listen to God's voice in Psalms 8:2, which Jesus quoted in Matthew 21:16.

² You have taught children and infants

to tell of your strength,

silencing your enemies

and all who oppose you.

Speak, asking for childlike innocence, optimism, and enthusiasm.

Listen to the Spirit of God in this moment as He teaches and leads you back toward any childlikeness you have lost.

March 8

Speak with a short prayer asking for openness to His wisdom.

Listen to God's voice in Psalms 14:2-3.

² The LORD looks down from heaven

on the entire human race;

he looks to see if anyone is truly wise,
if anyone seeks God.

³ But no, all have turned away;
all have become corrupt.

No one does good,
not a single one!

Speak, inviting God to make you aware of any “turning away” in your own life.

Listen to the Spirit of God in this moment as you seek him, desiring to be “truly wise.”

March 9

Speak with a short prayer of thanksgiving for the resurrection of Jesus, foretold in this Psalm.

Listen to God’s voice in Psalms 16:8-11 which Peter quotes in Acts 2.

⁸ I know the LORD is always with me.
I will not be shaken, for he is right beside me.

⁹ No wonder my heart is glad, and I rejoice.
My body rests in safety.

¹⁰ For you will not leave my soul among the dead
or allow your holy one to rot in the grave.

¹¹ You will show me the way of life,
granting me the joy of your presence
and the pleasures of living with you forever.

Speak, praying for the joy of God’s presence now and the pleasures of living with Him forever.

Listen to the Spirit of God in this moment as He empowers you to be a witness to the good news of the resurrection.

March 10

Speak with a short prayer, opening yourself for God to examine you.

Listen to God’s voice in Psalms 17:1-3, then ending with verse 15.

O LORD, hear my plea for justice.

Listen to my cry for help.

Pay attention to my prayer,

for it comes from honest lips.

² Declare me innocent,

for you see those who do right.

³ You have tested my thoughts and examined my heart in the night.

You have scrutinized me and found nothing wrong.

I am determined not to sin in what I say.

¹⁵ Because I am righteous, I will see you.

When I awake, I will see you face to face and be satisfied.

Speak, inviting God's Spirit to test, examine and scrutinize you.

Listen to the Spirit of God in this moment as He leads you to righteousness. Where do you need to be led?

March 11

Speak with a short prayer thanking God for His delight in you.

Listen to God's voice in Psalms 18:16-19.

¹⁶ He reached down from heaven and rescued me;

he drew me out of deep waters.

¹⁷ He rescued me from my powerful enemies,

from those who hated me and were too strong for me.

¹⁸ They attacked me at a moment when I was in distress,

but the LORD supported me.

¹⁹ He led me to a place of safety;

he rescued me because he delights in me.

Speak, praying for freedom from distress.

Listen to the Spirit of God in this moment – what does He affirm? Delight in His delight.

March 12

Speak with a short prayer of commitment to God's instructions, decrees, commands, and laws.

Listen to God's voice in Psalms 19:7-11.

⁷ The instructions of the LORD are perfect,

reviving the soul.

The decrees of the LORD are trustworthy,

making wise the simple.

⁸ The commandments of the LORD are right,
bringing joy to the heart.

The commands of the LORD are clear,
giving insight for living.

⁹ Reverence for the LORD is pure,
lasting forever.

The laws of the LORD are true;
each one is fair.

¹⁰ They are more desirable than gold,
even the finest gold.

They are sweeter than honey,
even honey dripping from the comb.

¹¹ They are a warning to your servant,
a great reward for those who obey them.

Speak, committing to God a renewed immersion in His instructions and commands.

Listen to the Spirit of God in these days of Lent paying attention to where you might have wandered from revering His sweet-as-honey laws.

March 13 Sunday - Worship with the people of God.

March 14

Speak with a short prayer of thankfulness that Jesus suffered and died in your place. Don't skip over this just because you've heard it before. Dead, in your place.

Listen to God's voice in Psalms 22, the Psalm Jesus quoted from the cross. Note how the story of Jesus overlays on this Psalm:

1 My God, my God, why have you abandoned me?

Why are you so far away when I groan for help?

7 Everyone who sees me mocks me.

They sneer and shake their heads, saying,

8 "Is this the one who relies on the Lord?"

Then let the Lord save him!

If the Lord loves him so much,
let the Lord rescue him!"

17 I can count all my bones.

My enemies stare at me and gloat.

18 They divide my garments among themselves
and throw dice for my clothing.

Speak, praying that all of Jackson County may have a realistic opportunity to hear and respond to the story of Jesus.

Listen to the Spirit of God in this moment as he burdens you with an eagerness to share the good news.

March 15

Speak with a short prayer of thankfulness that the Lord is your shepherd. Be a sheep.

Listen to God's voice in Psalms 23:5.

⁵You prepare a feast for me
in the presence of my enemies.
You honor me by anointing my head with oil.
My cup overflows with blessings.

Speak, praying for a celebratory feasting spirit even in the middle of Lent.

Listen to the Spirit of God in this moment as He "pours" oil on your head and overflows your "cup." Feel the oil.

March 16

Speak with a short prayer, recognizing the difference of scale between you and the King of glory.

Listen to God's voice in Psalms 24:7-10.

⁷Open up, ancient gates!
Open up, ancient doors,
and let the King of glory enter.
⁸Who is the King of glory?
The LORD, strong and mighty;
the LORD, invincible in battle.

⁹ Open up, ancient gates!
Open up, ancient doors,
and let the King of glory enter.

¹⁰ Who is the King of glory?
The LORD of Heaven's Armies—
he is the King of glory.

Speak, celebrating this mighty King who goes before you. Worship this mighty King.

Listen to the Spirit of God in this moment as you open the “gates of your heart” to let the King of glory in. Open your gates.

March 17

Speak with a short prayer asking God to not remember the sins of your youth. Commit in prayer to following the right path from now on.

Listen to God's voice in Psalms 25:4-7.

⁴ Show me the right path, O LORD;
point out the road for me to follow.

⁵ Lead me by your truth and teach me,
for you are the God who saves me.
All day long I put my hope in you.

⁶ Remember, O LORD, your compassion and unfailing love,
which you have shown from long ages past.

⁷ Do not remember the rebellious sins of my youth.
Remember me in the light of your unfailing love,
for you are merciful, O LORD.

Speak, praying for the salvation of others, that they accept God's compassion and unfailing love.

Listen to the Spirit of God in this moment as He suggests people you know who need to put their hope in God. Write down their names.

March 18

Speak with a short prayer asking for patience in these moments of prayer. Slow down, you're moving too fast.

Listen to God's voice in Psalms 27:13-14.

¹³ Yet I am confident I will see the LORD's goodness
while I am here in the land of the living.

¹⁴ Wait patiently for the LORD.

Be brave and courageous.

Yes, wait patiently for the LORD.

Speak, praying for bravery and courage in the face of your troubles as you wait on the Lord.

Listen to the Spirit of God in this moment as His strength becomes your strength. Be still.

March 19

Speak with a short prayer, opening yourself to joyful dancing. If it's been a while since you joyfully danced, you might even try standing up and moving your body!

Listen to God's voice in Psalms 30:11.

¹¹ You have turned my mourning into joyful dancing.

You have taken away my clothes of mourning and clothed me with joy,

Speak, praying for a joyful spirit that can overflow into joyful dancing.

Listen to the Spirit of God in this moment as He strips off your mourning clothes and dresses you in "glad-rags." Move it, Move it!

March 20 Sunday - Worship with the people of God.

March 21

Speak with a short prayer for God to free you from panic. Note that Jesus quotes verse 5a from the cross.

Listen to God's voice in Psalms 31:5, 22-24.

⁵ I entrust my spirit into your hand.

Rescue me, LORD, for you are a faithful God.

²² In panic I cried out,

"I am cut off from the LORD!"

But you heard my cry for mercy
and answered my call for help.

²³ Love the LORD, all you godly ones!
For the LORD protects those who are loyal to him,
but he harshly punishes the arrogant.

²⁴ So be strong and courageous,
all you who put your hope in the LORD!

Speak to God, confessing your moments of panic and anxiety.

Listen to the Spirit of God in this moment as He affirms in your heart that you may fully entrust your spirit in His hands. He calms your panic.

March 22

Speak with a short prayer of thanksgiving that God sees and hears you.

Listen to God's voice in Psalms 34:12-16. Note that Peter quotes this whole section in I Peter 3. Might be important.

12 Does anyone want to live a life
that is long and prosperous?

13 Then keep your tongue from speaking evil
and your lips from telling lies!

14 Turn away from evil and do good.
Search for peace, and work to maintain it.

15 The eyes of the Lord watch over those who do right;
his ears are open to their cries for help.

16 But the Lord turns his face against those who do evil;
he will erase their memory from the earth.

Speak, praying for a new season of carefulness over what your tongue says and your lips speak.

Listen to the Spirit of God in this moment knowing that His eyes watch over you.

March 23

Speak with a short prayer for yourself, that your eyes will be opened to your blind-spots.

Listen to God's voice in Psalms 36:1-2.

¹ Sin whispers to the wicked, deep within their hearts.
They have no fear of God at all.

² In their blind conceit,
they cannot see how wicked they really are.

Speak, praying for God to convict the wicked who have followed the whispers of sin.

Listen to the Spirit of God in this moment as He gives you compassion for those blinded to their wickedness. Fear God

March 24

Speak with a short prayer asking God to give you a long-term-view that releases you from worry.

Listen to God's voice in Psalms 37:1-4.

¹ Don't worry about the wicked
or envy those who do wrong.

² For like grass, they soon fade away.
Like spring flowers, they soon wither.

³ Trust in the LORD and do good.
Then you will live safely in the land and prosper.

⁴ Take delight in the LORD,
and he will give you your heart's desires.

Speak, praying for those you know who are consumed by short-term-worry because they don't trust in a long-term-Lord.

Listen to the Spirit of God in this moment as He frees you right now from pestering yourself with worry.

March 25

Speak with a short prayer that you will joyfully do God's will.

Listen to God's voice in Psalms 40:6-8.

⁶ You take no delight in sacrifices or offerings.
Now that you have made me listen, I finally understand^{al}—
you don't require burnt offerings or sin offerings.

⁷ Then I said, "Look, I have come.
As is written about me in the Scriptures:

⁸ I take joy in doing your will, my God,
for your instructions are written on my heart.”

Speak, praying for joy as you do the will of God.

Listen to the Spirit of God in this moment as you come to Him simply, with empty hands.

March 26

Speak with a short prayer of freedom from discouragement.

Listen to God’s voice in Psalms 42:5a, 11 and 43:5 (they’re all the same).

⁵ Why am I discouraged?
Why is my heart so sad?
I will put my hope in God!
I will praise him again—
my Savior and my God!

Speak, praying for freedom from the bondage of discouragement.

Listen to the Spirit of God in this moment as He liberates you, today from discouragement. Put your hope in Him. Praise Him!

March 27 Sunday - Worship with the people of God.

March 28

Speak with a short prayer of thankfulness for Jesus’ sacrifice for you.

Listen to God’s voice in Psalms 44:22 that Paul quotes in Romans 8:36 to reassure us that despite outward circumstances “overwhelming victory is ours through Christ.”

²² But for your sake we are killed every day;
we are being slaughtered like sheep.

Speak, praying for compassion for those you know who are like sheep destined for slaughter and without hope.

Listen to the Spirit of God in this moment, wait until He inspires you with the memory of someone with whom you can share the message of hope in final victory.

March 29

Speak with a short prayer offering your broken spirit to your heavenly father.

Listen to God's voice in Psalms 51:15-17.

¹⁵ Unseal my lips, O Lord,
that my mouth may praise you.

¹⁶ You do not desire a sacrifice, or I would offer one.
You do not want a burnt offering.

¹⁷ The sacrifice you desire is a broken spirit.
You will not reject a broken and repentant heart, O God.

Speak, praying for a broken and repentant heart. If you can't think of anything to repent of, repent of that.

Listen to the Spirit of God in this moment as He graciously receives your offering of your broken spirit. Hand it to him.

March 30

Speak with a short "dollar bill" prayer – *In God We Trust*.

Listen to God's voice in Psalms 56:3-4, 11.

³ But when I am afraid,
I will put my trust in you.

⁴ I praise God for what he has promised.
I trust in God, so why should I be afraid?
What can mere mortals do to me?

¹¹ I trust in God, so why should I be afraid?
What can mere mortals do to me?

Speak, clenching your fears in your fists. Then open your fists, symbolically releasing those fears to God.

Listen to the Spirit of God in this moment as He floods you with the ability to trust Him. Praise Him.

March 31

Speak with a short prayer, echoing the psalmist who often refers to God as his "rock."

Listen to God's voice in Psalms 62:2,6 (they're the same).

^{2,6} He alone is my rock and my salvation,
my fortress where I will never be shaken.

Speak, imagining your feet planted on an immovable rock. Tell God how good that feels.

Listen to the Spirit of God in this moment as He is below you (your rock) and over you (your fortress). Don't be shaken (or stirred!).

April 1

Speak with a short prayer of confession regarding recent times you have missed the mark and you knew it and that failing nags at you.

Listen to God's voice in Psalms 65:3.

³ Though we are overwhelmed by our sins,
you forgive them all.

Speak, claiming God's gracious forgiveness of your failings, whether intentional and unintentional.

Listen to the Spirit of God in this moment as He brands you with this truth, "you are forgiven." Be seared with that brand.

April 2

Speak with a short prayer recognizing your small place in the big story of mercy.

Listen to God's voice in Psalms 67:1-2, noting that God's mercy is oriented both toward us (verse 1) and toward the whole world (verse 2).

¹ May God be merciful and bless us.
May his face smile with favor on us.

² May your ways be known throughout the earth,
your saving power among people everywhere.

Speak, pleading with God for mercy for yourself and others with equal intensity.

Listen to the Spirit of God in this moment as He gives you hope for the whole earth, beginning with "us."

April 3 Sunday - Worship with the people of God.

April 4

Speak with this short prayer, "*Help!*"

Listen to God's voice in Psalms 69:29 which is the universal cry for help being voiced even at this moment by millions this day.

²⁹ I am suffering and in pain.

Rescue me, O God, by your saving power.

Speak, praying for God to relieve and heal your own suffering and pain.

Listen to the Spirit of God in this moment. Can you trust that His saving power is rescuing you? You can.

April 5

Speak with a short prayer recognizing that your body is failing, or has failed, or will eventually fail you as you age.

Listen to God's voice in Psalms 71:9, 18 which is the prayer of the aged.

⁹ And now, in my old age, don't set me aside.

Don't abandon me when my strength is failing.

¹⁸ Now that I am old and gray,

do not abandon me, O God.

Let me proclaim your power to this new generation,
your mighty miracles to all who come after me.

Speak, praying for purpose as you age...being able to proclaim God's power and miracles to those who follow.

Listen to the Spirit of God in this moment as He honors your past years with reasons to carry on into your future years.

April 6

Speak with a short prayer for singularity of vision, focusing your life on God.

Listen to God's voice in Psalms 73:25-26.

²⁵ Whom have I in heaven but you?

I desire you more than anything on earth.

²⁶ My health may fail, and my spirit may grow weak,
but God remains the strength of my heart;
he is mine forever.

Speak, praying to win the constant struggle to maintain your desire for God as your central desire, your “more than anything on earth” desire.

Listen to the Spirit of God in this moment as He becomes the “strength of your heart.”

April 7

Speak with a short prayer submitting both your actions and attitudes to God’s character. Really.

Listen to God’s voice in Psalms 86:11.

¹¹ Teach me your ways, O LORD,
that I may live according to your truth!
Grant me purity of heart,
so that I may honor you.

Speak, praying to be broken and recast so you act in godly ways and your heart is pure.

Listen to the Spirit of God in this moment as He teaches you His ways and grants you purity of heart. Honor Him

April 8

Speak with a short prayer thanking God that we, who were not citizens, have become citizens.

Listen to God’s voice in Psalms 87:4 where the psalmist celebrates the universality of God’s reign.

⁴ I will count Egypt and Babylon among those who know me—
also Philistia and Tyre, and even distant Ethiopia.
They have all become citizens of Jerusalem!

Speak, praying for the distant nations (including Ohio!), that they may become citizens of God’s kingdom.

Listen to the Spirit of God in this moment as He stirs your imagination regarding peoples who do not look like you, talk like you, eat like you or salute the same flag. Embrace them.

April 9

Speak with a short prayer, kneeling in worship. Kneeling is a posture of submission. The opposite is a hardening of the heart, like the Hebrews did in their trek in the wilderness (Meribah and Massah).

Listen to God’s voice in Psalms 95:6-8.

⁶ Come, let us worship and bow down.

Let us kneel before the LORD our maker,

⁷ for he is our God.

We are the people he watches over,

the flock under his care.

If only you would listen to his voice today!

⁸ The LORD says, "Don't harden your hearts as Israel did at Meribah,
as they did at Massah in the wilderness.

Speak, praying to have a sheep-like obedience, listening to the voice of the shepherd who watches over us.

Listen to the voice of the Spirit of God in this moment as He softens your heart. Melt.

April 10 Palm Sunday - Worship with the people of God.

April 11

Speak with a short prayer promising a life of integrity in what you do and what you look at.

Listen to God's voice in Psalms 101:1-3a.

¹ I will sing of your love and justice, LORD.

I will praise you with songs.

² I will be careful to live a blameless life—

when will you come to help me?

I will lead a life of integrity

in my own home.

³ I will refuse to look at

anything vile and vulgar.

Speak, praying with a song about love and justice. You don't have to literally sing, but you might try it. Or just try singing these 3 verses (do it where no one can hear!).

Listen to the Spirit of God in this moment as you promise Him to live a life of integrity in your own home, that is, where no outsiders see you.

April 12

Speak with a short prayer praying for those crying "help" this morning.

Listen to God's voice in Psalms 107:6,13,19,28. All four verses are the same.

6, 13, 19, 28 "LORD, help!" they cried in their trouble,
and he rescued them from their distress.

Speak, praying for help for people around you (Family? Neighbors? Co-workers? Friends?) who may be in trouble. Then ask God how you might help them.

Listen to the Spirit of God in this moment as He gives you instructions on what to do. Final step, do it.

April 13

Speak with a short prayer of thanks that Jesus is the ultimate and great priest who provided a sacrifice, once and for all, for us.

Listen to God's voice in Psalms 110:4 that the author of Hebrews uses to explain that Jesus is greater even than Melchizedek, to whom Abraham gave an offering. To Hebrew readers this was a significant comparison.

⁴The LORD has taken an oath and will not break his vow:

"You are a priest forever in the order of Melchizedek."

Speak, praying for forgiveness before the great and high priest, Jesus. Unlike a human priest, he can forgive, not just mediate.

Listen to the Spirit of God in this moment as He assures you of forgiveness of any and all transgressions.

April 14 (Maundy Thursday)

Speak with a short prayer of gratitude for Jesus as the cornerstone who on Thursday ate his final supper with his disciples, instituting the sacrament of communion.

Listen to God's voice in Psalms 118:22-23 which Jesus quoted in Matthew 21. He is the cornerstone.

²²The stone that the builders rejected
has now become the cornerstone.

²³This is the LORD's doing,
and it is wonderful to see.

Speak, praying for respect for this cornerstone that, as Jesus said, will break anyone who stumbles over it and crush anyone upon whom it falls. Respect the stone. (Matthew 21:44)

Listen to the Spirit of God in this moment as you realize both the gift and the danger of having encountered the Christ who gave himself for you.

April 15 (Good Friday)

Speak with a short prayer of somber remembrance that “the one who watches over you” lived among us, was betrayed by us, and became our substitute in a protracted agonizing death.

Listen to God’s voice in Psalms 121:3, 4. This was the Psalm we taught our children to say when they were worried at bedtime.

³ He will not let you stumble;
the one who watches over you will not slumber.

⁴ Indeed, he who watches over Israel
never slumbers or sleeps.

Speak, with gratitude for the gift given us on Good Friday from which we will benefit for all eternity.

Listen to the Spirit of God in this moment as He gives you tears of sorrow, tears of relief.

April 16 (Holy Saturday)

Speak with a short prayer on this day of “hush” as we remember the day Jesus’ body lay in the tomb. Expectantly lay.

Listen to God’s voice in Psalms 136:23-26, themes of which Mary builds into her song (the Magnificat in Luke 1) after conceiving Jesus.

²³ He remembered us in our weakness.

His faithful love endures forever.

²⁴ He saved us from our enemies.

His faithful love endures forever.

²⁵ He gives food to every living thing.

His faithful love endures forever.

²⁶ Give thanks to the God of heaven.

His faithful love endures forever.

Speak, praying for assurance of “His faithful love” regardless of life’s circumstances. Recall Mary, young and pregnant, yet confident of “His faithful love.” Recall that cold body in the tomb, yet “His faithful love” was working a forever miracle for all of creation. Be sure of this.

Listen to the Spirit of God in this moment as He fills you with expectancy over the miracle which “His faithful love” will reveal in tomorrow’s sunrise.

April 17 *EASTER!* - Worship with the people of God.

Speak with a long prayer celebrating this high and holy day of great victory! Today is the day we remember that death has been defeated! Today he arose from the cold damp tomb! Soon he is returning for us! Death no longer terrifies us! Christ is risen!

Listen to God’s voice in Psalms 150.

¹ Praise the LORD!

Praise God in his sanctuary;
praise him in his mighty heaven!

² Praise him for his mighty works;
praise his unequalled greatness!

³ Praise him with a blast of the ram’s horn;
praise him with the lyre and harp!

⁴ Praise him with the tambourine and dancing;
praise him with strings and flutes!

⁵ Praise him with a clash of cymbals;
praise him with loud clanging cymbals.

⁶ Let everything that breathes sing praises to the LORD!

Speak, Shout, & Sing Hallelujah praying that this glorious victorious message may resound throughout the earth in ways to which millions and millions may respond! Use exclamation marks!

Listen to the Spirit of God in this moment as He fills you with so much joy it overflows in ram’s horns blasting, feet dancing, cymbals clashing and our very breath singing praises to the Lord!